

Sign on.(Food Bank-Blood Bank)

From my perspective, given my many years in the retail food and meat business and the organizations I belong to, I want to thank the residents of Eureka and Humboldt County for their (or should I say) our generosity. I have seen, first hand, what our churches do toward reducing hunger and other problems that affect those in need. Other Organizations, such as Lodges and groups like Lions and Rotary provide food and other needs, such as clothing and financial help. Again, I think we Northern Californians are the most generous folks around.//The food bank has many ways to donate, including an 800 Club, which I belong to, where monthly or quarterly donations are accepted. They provide the envelopes. I give a certain amount each month and you get a receipt for income tax purposes. There may be other programs as well- call them at 445-3166, that's 445-3166. Here are a few of the Food Bank's programs from the Bank's newsletter: 1) The Choice Pantry provided almost 15,000 shopping trips to households in need in 2012. 2) Children's Summer Lunch Program- More than 15,000 healthy sack lunches feeding 300 children per day at twenty-one partner sites. My church was involved with this. 3) Backpacks for Kids-this program provided 7635 backpack lunches for kids who were in danger of having no food on weekends. My church helped with this also. 4) The Senior Brown Bag Program: This program provided more than 2600 hundred bags of high quality food to seniors at 17 sites around the county. 5) Nutrition Education included 15 sessions with almost 200 attendees. 6) The Produce Program distributed fresh local produce to seniors and others in need. These are just some of the ways the Food Bank distributed almost 1.8 million pounds of food in 2012.//Another bank that is so important to our area is the Northern California Blood Bank. I had given more than 106 units until some of the rules regarding blood safety had me bumped from the program. My wife is giving and has just received her 3 gallon certificate. There are several programs involving different kinds of donations. Go by the bank and check them out. At

least one might fit you. The blood bank is located on the lane leading to St. Joe's on the North side off of Harrison Avenue. There are also mobile units around- when you see one, if you have a little spare time, just do it! There is always a need for blood and as summer and the holidays approach, the need gets worse. It's painless, well, except for a little "poke"- and you get "goodies" afterward! ~~Sign off~~.....

THE UNIFICATION OF THE ^{Fire Dept} EUREKA AND FIRE DISTRICT NO. 1 HAS FINALLY COME ABOUT, AND I, FOR ONE, WAS GLAD TO SEE IT. I WORKED NEAR THE FIRE DISTRICT MAIN STATION FOR MANY YEARS, SO I KNEW MANY OF THE GUYS, AS MY BOSS WAS A VOLUNTEER. I ALSO ^{HAVE} KNOWN SEVERAL OF EUREKA'S FIRE FIGHTERS AND THEY ARE ALL GOOD GUYS.

SIGN OFF