This is Gary Gundlach, chairman of the Eureka Relay for Life. Once again we will gather at College of the

Redwoods on July 13th and 14th, for the twenty second year.

Volunteers have formed teams and are collecting donations and holding fundraising events

all around our communities. I hope you will join us on June first at Cher ae Heights casino,

as we hold our tri-tip dinner and auction, that is always a big hit. Many thanks to all the local businesses who have donated funds and materials for both occasions.

So, why do we Relay? We are committed to the long-term task of raising funds for research towards a cure for cancer. Progress has been made, and survival rates are much higher than in years past. But we still have a lot of work to do, as cancer takes on many forms.

We celebrate our survivors, as they have endured the battle against this disease.

They, along with caregivers and support staff are our heroes. The courage and perseverance they exhibit is truly inspiring.

We remember the loved ones lost in the battle also. Personally, I have lost nine family members, including my mother, aunts, and cousins. At Relay, an evening is dedicated to Luminaria, where candle lit bags with the names of those loved ones, glow in tribute. For a donation, you can have a bag included in the ceremony.

We also strive to Fight Back against cancer through educational programs and legislative advocacy. According to the American Cancer Society, in Humboldt County, there are 275 expected deaths from cancer in 2013. Seventy of those would be from lung cancer. Through increased knowledge, better life styles and

preventative practices and early detection, survival rates have improved.

Many people do not realize how many local services are supported by this campaign.

Programs like "Look Good, Feel Better", transportation, lodging, 24-hr phone support, counseling,....etc, are all used by Humboldt County residents. Local doctors and nurses also benefit from the ongoing research made possible in-part, by the funds raised by the Relay campaign.

So, I hope you will support a Relay team, and join us at our dinner June 1st at Cher ae Heights, and the main event on July 13th at College of the Redwoods. For more information, email torelayeureka@gmail.com