

November 25, 2014 – Thanksgiving

This is Lisa Hummel from the Fortuna Chamber of Commerce with a Community Comment.

Thanksgiving Day – a day of feasting and football. There may be a lot of folks missing out on dinner with the Seattle versus 49ers on that day.

I like the idea of being Thankful not just on Thanksgiving Day but every day. We tend to go through our lives looking at what we don't have instead of what we do have. I truly believe you will find what you see – so if all you see is what you don't have that is all your reality will be. Instead, I challenge you to see what you have in your life to be grateful for. Maybe it will be just the little things. The things you take for granted but that is a start.

Let's make a list together right now....

I am grateful for my eyesight and the glasses I wear so I can see clearly.

I am grateful I can hear the laughter of my niece and nephew. Is there a better sound on the planet than that of laughing kids?

I am grateful I spend time worrying about my weight because that means I am well fed...something not everyone can say. One of the things we take for granted.

What about Penicillin?

The Polio Vaccine?

Microwaves. Popcorn. HD TV. The 49ers and the World Champion San Francisco Giants.

I am grateful for our Police Departments and Fire Departments. The EMTs in the ambulances. The doctors and nurses who are working on Thanksgiving and Christmas when many of us are with our families and friends.

What are you grateful for? Make a list. Pay attention to the little things.

Did a squirrel at the park make you laugh? Be Grateful.

Did someone let you merge while you were driving? Be Grateful.

Some of my friends have a Thanksgiving Tradition of going around the table and stating one thing they are thankful for. That is a great tradition! For others it is a more religious giving of thanks through prayer. How will you show your gratitude this year?

Maybe you could show your gratitude by helping others. This is the time of year where we traditionally donate to our neighbors who are less fortunate. Can you donate money or items to the food bank or rescue mission? If not, can you donate your time?

I know of one lovely lady who – along with her 7 year old daughter – are serving Thanksgiving dinner at a rescue mission. She doesn't have a job right now but is trying to make the best of a bad situation.

There is something to be said for giving back to make you grateful for what you have.

No matter how you choose to celebrate this day and give thanks, I do hope your turkey is moist, your dressing isn't dry, your mashed potatoes and gravy are free of lumps, and your friends and family are full of love.

This has been Lisa Hummel with a Community Comment.