

Hello for community comment on KINS I'm Army veteran Reed Scott

In the military stand down is defined as a time for soldiers to rest eat and get medical attention. For civilians stand downs have become an event that provides rest, food, services and camaraderie. 13 years ago Kim hall from Humboldt state university and the veterans agencies got together and created a non-profit to give veterans a hand up

The north coast stand down has served thousands of veterans and their family members. Whether you are participating or volunteering the take away from this event is nothing short of heart warming. Individuals come to the fair grounds and quickly become part of a strong community of like minded individuals.

The volunteers or coordinators make up a small group that work through out the year to organize the stand down, we are always looking for more coorindators and volunteers. For more information about getting involved call Humboldt state VETS at 707-826-6272

This year The North Coast Stand Down is happening October 5th, 6th and 7th at the Humboldt County Fairgrounds in Ferndale. We have transportation available and you can find the schedule on our website or call 707-834 0029. Our website is northcoaststanddown.org.

The North Coast Stand Down is always the first weekend in October and veterans, active Duty service members and their families are all welcome. Community Agencies, Organizations and professionals volunteer many different services. You can find haircuts, Reiki, Equine therapy, Dental services, clothing services, veterinarian services for your pets and a Sweat Lodge for spiritual healing to name only a few. We provide meals, a cot, showers and warm place to sleep. All services are free of charge.

Saturday the 6th is the big bbq so if you can't join us for the weekend come on down for the bbq.

We invite you to join the coordinators who work throughout the year as part of our organization or simply volunteer at the event. Go to our website to register.

We'll see you October 5th, 6th and 7th at the Humboldt County Fairgrounds!

On behalf of the north coast stand down and fellow veterans we thank you for your continued support.